

ROASTED DELICATA SQUASH & BABY PEPPERS

Ingredients

3 pounds Delicata
Squash

6 or 8 small Peppers

Muddy Pond Sorghum
Molasses

Spiced Pumpkin seeds

Directions

Wash Peppers and Squash and scrub clean, then slice in
half from top to bottom.

Scoop out the seeds from Delicata and cut into large pieces,
about 6 per Squash.

Remove the core out of Peppers.

Dress with Oil & Salt and roast at 375F for about 35 minutes.

Transfer to a serving platter and drizzle with Sorghum
Molasses and Spiced Pumpkin Seeds.